

Facility: St. Monica School

Last Updated: April 15, 2026
Who: JA

Address: 235 18 Ave SW
Contact/Caretaker:



Photo #1



Photo #2



Photo #3

Photo #4

General Information

Parking: Players may park on 18 Ave (north of the school) or in the school parking lot located in the back of the school on the south side.

Entrance: Players are asked to enter through the side door on the east side of the school.

Gym Location: After entering through the yellow doors on the east side of the school, walk up the stairwell. The gym is located immediately to the left on the second floor.

Change room/Washroom: There are change rooms located in the gym (along right-hand wall if you are looking at the stage). There are washrooms located just outside of the gym and around the corner to the left. Please do not wander the hallways.

Equipment

Sport Specific Equipment Location and details:

Postholes:

Volleyball – Postholes are located closest to the court lines (Navy Blue).

Badminton – Use the postholes located ~1 foot outside of the court lines (Green lines). There are 3 courts, regulation size.

Posts:

Volleyball – They have 4 blue posts that are high school caliber. They are located at the back of the equipment room in the SW corner of the gym and can be found in a custom fit base for the posts to go in. They each have a crank wheel with a rope and the height of the nets is adjustable.



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Badminton – The school has 4 red Badminton posts, which are located in the storage room in the very back right corner behind the cabinet.

Nets:

Volleyball: CSSC owns two Volleyball nets, labeled and stored in yellow bins in the equipment room closet.

Badminton: CSSC owns 3 badminton nets, the nets are labeled and in a black bin in the Badminton Cupboard in the equipment room.

Pickleball – There are 3 official Pickleball net set-ups in the cabinet along with the Volleyball and Badminton nets. They are in black bags and are owned by the CSSC.

Gym Set-up

Volleyball

Step 1: Put one post that cranks on the top and one that cranks on the bottom on each court.

Step 2: The post on the wall side of each court uses the hole RIGHT BESIDE the court.

Step 3: The net height is adjustable on each post – set it to the 2nd hole from the top.

Step 4: Each net has a loop with an S-hook on all 4 corners. Attach the top of one corner of the net to the S-hook on the top of the post and the other top corner to the S-hook on the rope.

Step 5: Repeat for the bottom of the net, but the rope and crank will be on the opposite side. DO NOT ATTACH THE NET TO THE CHAIN ON THE POST, ATTACH IT TO THE LOOP ON THE POST.

Step 6: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Badminton

Step 1: Place one red post in the post hole that is one foot outside the court closest to the stage. Place Red post in the middle post hole with the D-ring facing into the middle court. Place red post in the next post hole with the D ring facing into the middle court. Place red post in the far court posthole that is 1 foot outside the badminton court.

Step 2: Use the net labelled 1, 2 at the corners for posts 1, 2. Loop net end 2 over the S-clip on post 2 and clip net end 1 to rope on post 1. Twist the post until tight.

Step 3: Use net 2, 3 for post 2, 3. Tie net 2 end to post 2 with only 4 inches of slack between the net and the D-ring. Tie net end 3 to post 3. Make sure the net is centered in the court

Step 4: Take net 3, 4 and loop end 3 to post 3 S-hook. Attach end 4 to post 4 rope and twist the post until tight.

Pickleball

There are four official Pickleball nets in the same area as the other nets. They are stored in black bags with the poles, nets and instructions. When you open the bag, set up directions are laminated inside.

PLEASE ENSURE EVERYTHING GOES BACK INTO THE BAG AND BACK IN THE CUBBY AT THE END OF THE NIGHT

Important Notes



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- DO NOT prop the doors open at this facility. The principal is concerned about security, as such the side door will be open for us to us but should not be propped at any time.
- Please ensure all equipment is properly stored at the end of the night. Our nets **MUST** be placed neatly in the bin and stored on top of or beside the wooden cabinet.

