

Facility: Crescent Heights – Main (H.S.)

Last Updated: Sept 29 2025
Who: JB

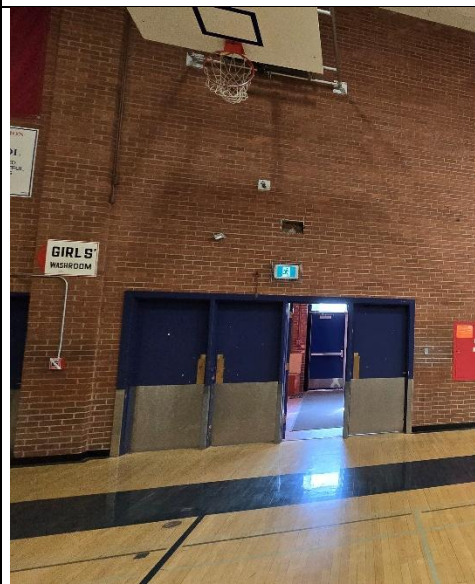
Address: 1019 1 Street NW

Contact/Caretaker:

The Equipment Storage Room

The Volleyball Standards

The CSSC Nets



General Information

Parking: Players can park in the student parking lot on the North-West side of the school. Do **NOT** Park on 1 Street as cars will be towed.

Entrance: Players can enter from the door from the North-West parking lot. The main entrance will be locked. Players should leave outdoor footwear at the entrance.

Gym Location: Go immediately left down the hallway and the gym will be on your right.

Change room/Washroom: Washrooms are located within the main gym.

Floor: Wood

Equipment

Sport Specific Equipment Location and details:

Post: There are two rooms along the wall opposite from the stage with a set of 4 doors. The equipment we use is located in the room to the left. There are 4 blue posts, 2 that crank low, 2 that crank high.

Post Holes: Post holes are located approximately 3 feet outside of the court lines.

Nets: The nets are CSSC owned. They are located in the same equipment room as the posts and stored in a wooden box next to the posts.

Court Lines: Red all around. Attack lines are either white or black, depending on the court.

Gym Set-up

Volleyball

Step 1: Choose one post that cranks on the bottom and one that cranks on the top for each court.

Step 2: Adjust the top metal sleeve on all posts to the 2nd hole from the top.

Step 3: On the corner of each net there is either a loop on the end of the cable, or an S-hook. Attach the loop on the top corner of the net to the S-hook on the rope from the post and then attach the S-hook on the top of the net to the metal loop on the opposite post.



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Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten.

Important Notes

- Please do not prop doors open at this facility. The main doors will remain locked but the side doors off the parking lots will be open for player access.

