

Facility: Heritage Christian Academy – East Gym

Last Updated: 3/25/2025
Who: JB

Address: 2003 McKnight Blvd NE, Calgary, AB T2E 6L2

Contact/Caretaker:



Photo #1 –

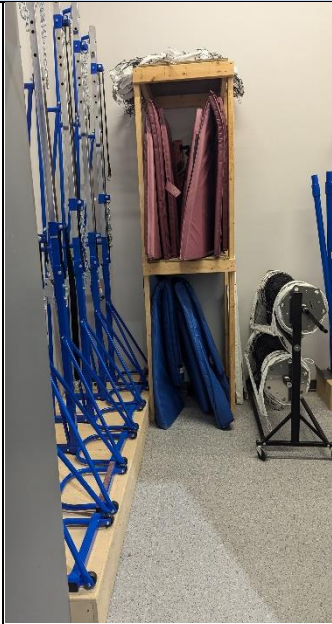


Photo #2

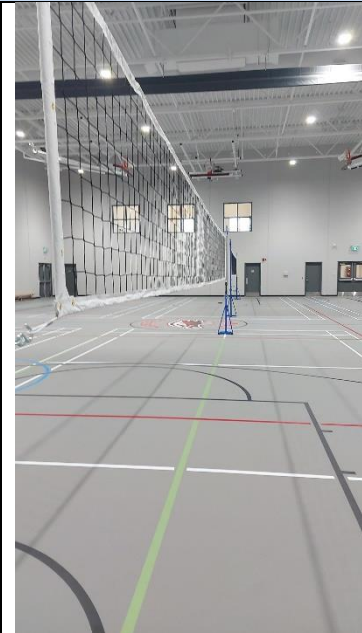


Photo #3

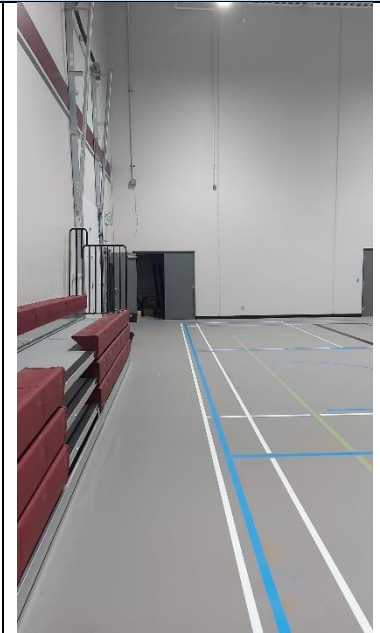


Photo #4

General Information

Parking:

There is parking in the main parking lot outside of the building. There should be plenty of space on the South side of the building.

Entrance:

The entrance is on the South side of the building down the corridor. There is a sign that says “South Gym” Enter through those doors. Doors will only be unlocked a maximum of 15 minutes prior to the booking time.

Gym Location:

Once inside the building, the gym is located on the east side. Upon entrance, turn right, and follow the hallway until you reach the gym entrance doors.

Change room/Washroom:

There are washrooms located inside the gym on the west wall. Please do not wonder about the halls searching for washrooms.

Equipment

Sport Specific Equipment Location and details:

All equipment is in the Northeast corner of the gym. There are 6 blue volleyball standards, and nets in a box.

Please ensure that the equipment is put away like in image #2. The nets are to be carefully rolled back onto the rollers

Gym Set-up



www.CalgarySportsClub.com
Unit 180 - 4411 6th Street SE, Calgary, AB, T2G 4E8
403-244-PLAY(7529)

Volleyball:

Step 1: Choose one post that cranks the net on the bottom and one that cranks the net on the top for each court. (These should be the nearest four posts to the door)

Step 2: The net height is adjustable on each post – set it to the 2nd hole from the top. (This should be it's default position)

Step 3: Each net has a cable loop on all 4 corners. Attach the top of one corner of the net to the s-hook on the top of the post, and the bottom of the corner of the net, to the lower hook on the post.

Step 4: Repeat for the bottom of the net, but the rope and crank will be on the opposite side.

Step 5: Tighten the net on the top and bottom using the crank wheel. Do NOT over-tighten

Important Notes

