BEACH VOLLEYBALL *Cheat Sheet*

ROSTERS

- **6's:** A full team consists of 6 players on the court, with a minimum of 2 females
- **6's:** The minimum number of players required to avoid a default is: *4 total players, with a minimum of 1 female*

GAME PLAY

- Games are played in a best-of-5-games format
- Games use a rally-point scoring system
  - The first four games are to 25 points, you do not need to win by 2 points
  - The 5th game is to 15 points, you do not need to win by 2 points
- If a team wins the first 3 games, the 4th and 5th game can be played for fun
- 5 combined points must be played in any game in order for the score to count
- If a serve touches the net on the way over, the ball is in play
- Players cannot block or spike a serve
- A double hit off of the serve, or a hard spike is allowed
- Players can contact the ball with any part of their body
- Players are permitted to penetrate under the net, as long as they do not interfere with the opponent's play
- A player is allowed to touch the net as long as it does not interfere with the play or opponent in any way
- No backrow attacks permitted
- **6's:**
  - Player and court rotation is established at the start of each game and must remain intact
  - Jump-serves are not permitted
  - There is a 5 serve maximum, at which point the team rotates to the next server
  - ***Recreational Division***– hard smashing is not permitted

PENALTIES AND VIOLATIONS

- Players are expected to call their own violations and fouls, whenever possible
- Players are not allowed to catch, throw, push, scoop, lift, double hit or carry the ball
- Players are to call in and out of bounds
  - If there is a dispute, resume play with a re-serve