



West Hillhurst Community Association

This document will be updated as things change and progress. Update July 20, 2020

Please read the entire document and establish a plan for your group.

By confirming your rental agreement and entering our facility, **you are releasing the West Hillhurst Community Association, Board of Directors and its employees from any liability due to Covid-19.** Full responsibility falls upon each person who enters the facility. All patrons who wish to enter the West Hillhurst Community Association (WHCA) during the declared pandemic have the understanding of the increased risk of Covid-19. You will enter our building at your own risk.

Although your times are confirmed, please be aware that time adjustments could still occur as we begin to open up. This will depend on regulations that are updated by Alberta Health Services (AHS). WHCA reserves the right to adjust/cancel rental times as needed.

1. Each group must have a Group Representative at every booked time who is responsible for ensuring all rules are followed. **Please email all participants and ensure they comply with our WHCA Covid-19 rules.**
2. This representative must also keep a list of all players/participants in attendance at each ice time in case contact tracing is needed for AHS. Required to keep this information for a minimum of 2 weeks. Anyone connected with your group who is in the building longer than 15min must be included on your tracing list.
3. It is up to the rental group to ensure that they are aware and in compliance with government regulations. <https://www.alberta.ca/biz-connect.aspx>
4. **Everyone who enters our facility we strongly suggest they do a COVID-19 self check test.**
<https://myhealth.alberta.ca/Journey/COVID-19/Pages/COVID-Self-Assessment.aspx>

IMPORTANT HEALTH & SAFETY INFORMATION You're not to enter the building if:

- a. You are ill or experiencing symptoms of COVID-19.
 - b. These include: *Fever Cough Shortness of breath Runny nose Sore throat and /or other listed on Alberta Health Services website*
 - c. You have been exposed to someone who has been diagnosed with or has symptoms of COVID-19
 - d. You or someone in your household has traveled internationally in the past 14 days.
5. You will be asked to follow all Alberta Health Services Guidelines while at the WHCA:
- a. Practice physical distancing: keep 2 meters between you and other people
 - b. Wash hands often for at least 20 seconds
 - c. Masks are recommended for ages 6+ if social distancing cannot be practiced (hallways, dressing rooms etc), but not mandatory. Be sure to put them on and

remove them safely.

6. AHS has recommended that you download and use the ABTraceTogether APP.
<https://www.alberta.ca/ab-trace-together.aspx>.
7. Additional sanitizing stations have been set up in the facility. Please wash or sanitize your hands before, after and frequently handwash.

WHCA COVID-19 Rules

1. No access to any other part of the community association only your booked area.
2. Game play is approved for all established cohorts but must follow government regulations.
3. Renters are responsible for sanitizing their own equipment. They are also responsible for ensuring that their participants are adhering to physical distancing requirements. Anyone that is found to be not following the posted rules will be asked to leave the facility immediately. This is very important, as AHS will be monitoring facilities for compliance.
4. All players must arrive dressed and ready to play. NO CHANGING IN THE HALLWAYS.
5. Renters are to inform all their participants of proper indoor traffic flow. Fines will be issued if groups do not follow proper indoor traffic flow.
6. The coaches/team representatives to ensure participants are maintaining proper social distancing. Do not ask for additional dressing rooms, as they are not available.
7. Showers will NOT be available.
8. Everyone must bring their own water bottle NO SHARING!
9. Spitting is strictly prohibited. A fine of \$50 will be added to your rental and charged automatically.
10. **NO SPECTATORS**. It is strictly a drive and drop/pickup system. If it is absolutely necessary to have a parent (no siblings), it will only be allowed in special circumstances (medical reasons).
11. No physical gatherings of any size will be permitted in the WHCA whether it's in the entrance or in the parking lot. Socializing is a big part of sport, but we are not at that level just yet. Patience and diligence are key at this point.
12. Coaches/team representatives are to discourage any parents from hanging out in the WHCA at this time, and please ensure that you have contact information for all participants in case of emergency.
13. Leave all valuables at home. Please do not leave any valuables in your vehicle. Vehicle break ins are inevitable at recreation facilities.
14. Water bottle filling stations will be available, no water fountains.
15. No vending machines or ATM services.
16. The Barn restaurant will be closed. Reopen date TBA.
17. All of the WHCA standard rules and regulations will be still in place which are indicated on your permit or can be found on our website.

Thank you for booking at the WHCA and we appreciate your patience as we work to provide a safe environment for our renters and guests.

WHCA Staff and Board

GENERAL OVERVIEW OF TRAFFIC FLOW IN THE BUILDING

● ARENA COVID-19 RULES

- All participants are to come dressed and ready to play (as much as they can) dressing rooms are co-ed.
- Teams will be assigned dressing #1,2 OR dressing room #3,4,5 plus their designated overflow hallway space.
- The maximum allowed players on the ice at any one time is 23 (including goalies and coaching staff). The maximum number of coaches is 4.
- Team enters through the main arena doors (by the parking lot) 20min before booking start time and stays in designated dressing rooms/overflow hallway space until the start of their booked time. **NO WAITING IN THE HALLWAY.**
- Team enters the ice at their scheduled time (Skill Sessions/WHCA skate coaches will come and get their students from the dressing room).
- **Hallway overflow to put on skates** (you are on camera), if you need to change please use the washroom (1 person max at a time). Take your belongings with you onto the bench or lock in the team dressing room. If you leave anything in the hallway it is at your own risk.
- Please designate someone on your team to wipe down high touch bench surfaces before and after your use. Lysol wipes will be provided.
- **Teams will finish at their scheduled time and must leave the facility after 20min. Please ensure the hallway is clear before leaving, teams heading onto the ice have hallway priority. (Practice/Skill Sessions/Skaters must leave within 10mins)**
- Team leaves through the exit doors by scheduling TV's and walk outside to the parking lot.

● GYMNASIUM

- **Maximum of 26 participants**
- **Renters are to arrive at the time of their booking - NOT EARLIER!**
- **Gym renters must finish 5min before their scheduled time to allow for people to put on their shoes and must leave the facility within 5min.**
- Please either wait outside the main entrance doors or in your cars until your booked time, **there will be no waiting in the hallways.**
- Enter the facility through the main entrance doors (walk through the garden pathway, not allowed to enter through the Arena doors)
- Enter the gym through the east gym doors and take your belongings with you into the gym including shoes.
- Maximum of 10 people on the gym stage area, please store shoes either on the stage or in the change room.
- Maximum of 5 people in the change room at one time.
- Gymnasium renters will only have access to the change rooms at the north end of the gym. The bathrooms on the west side are not to be used.
- Exit through the change room doors and walk outside the building to the parking.

● DANCE STUDIO

- Maximum of **15 people with a social distance of 3m** between people (will vary slightly depending on activities and cohorts).

- Enter through the Fitness Centre entrance.
- Practice social distancing when entering and exiting.
- Dance studio renters are ONLY to use the accessible washroom across from the studio. There will be no access to the fitness centre change rooms.
- No shared equipment (All portable fitness equipment will be non-accessible, must bring your own equipment).
- Fans in the room will not be available.
- Depending on if your group is in a cohort, social distancing markers will be on the floor and on the ballet bar.
- **Renters are to arrive 5min before dressed ready to play - NOT EARLIER! Must leave within 5mins of the end time of their booking (example booking ends at 10am must leave by 10:05am).**
- **HOSPITALITY**
 - Maximum of **15 people with a social distance of 3m between people** (will vary slightly depending on activities).
 - Enter the facility through the main entrance doors (walk through the garden, not allowed to enter through the Arena doors).
 - Exit through the main doors and practice social distancing.
 - **Renters are to arrive 5min before dressed ready to play - NOT EARLIER! Must leave within 5mins of the end time of their booking (example booking ends at 10am must leave by 10:05am)**
- **UPPER STUDIO A**
 - Maximum of **12 people with a social distance of 9' between people** (will vary slightly depending on activities and cohorts).
 - Enter the facility through the main entrance doors (walk through the garden, not allowed to enter through the Arena doors).
 - Take all your belongings with you into the room (including shoes).
 - Exit the north door of the studio.
 - Exit through the doors at the end of the north hallway. DO NOT prop the emergency exit doors. Go outside and walk around the building to the parking lot.
 - **Renters are to arrive 5min before dressed ready to play - NOT EARLIER! Must leave within 5mins of the end time of their booking (example booking ends at 10am must leave by 10:05am).**