GYM SOCCER *Cheat Sheet*

ROSTERS

- A full team on the floor consists of 5 players (including the goalie), with a minimum of 2 females
- The minimum number of players required in order to not default is: *4 total players including at least 1 female*

GAME PLAY

- Games Coordinators (GCs) are present to facilitate the gameplay and monitor the action
  - A game is 60 minutes in length:
  - Two 25-minute halves
  - A 5-minute warm-up and half-time
- **Regular Season**: Ties are allowed
- **Playoffs**: Ties are not allowed
  - A 5-person penalty shoot-out will act as the tie-breaker
- Mercy will be called if one team gains a 7-goal lead
- Cleats are not permitted in gym soccer leagues

- A kick-off will start the game and also occur after a goal is scored
- The entire gymnasium and walls are considered live, with the exception of the ceiling and obstructions
- The 'corner-rule' in in effect for safety purposes
  - The leading player is awarded possession and space when the ball travels into a corner
- Players are not allowed to remain stationary in the goal-crease
- Players are not allowed to touch the ball or score goals from inside the goal-crease
- A free-kick is awarded after a violation, foul or penalty
  - All free-kicks are indirect (a goal cannot be scored before the ball is touched by another player)
- All corner-kicks, goalie-kicks and play restarts must occur within 5 seconds of taking possession of the ball, or else a turn-over will occur

PENALTIES AND VIOLATIONS

- **Violations** are rule infractions that result in a loss of possession and a free-kick for the opposition
- Players and teams are expected to call their own violations and fouls; although the GC will also confirm or deny violations and fouls
- **Advantage Rule:**
  - Allows play to continue when the fouled team was not adversely affected by the play
  - Can be called by the GC or the offensive team
- Common violations include;
  - Handballs, Corner Violation, Body Contact, Shoulder-to-Shoulder challenges, Delay of Game, etc
- Penalties temporarily or permanently remove a player from the game, teams will not be short-handed
  - The exception is a defender playing the ball in the crease-area, which results in a short-handed situation
  - There are no 'penalty-kicks' awarded in Gym Soccer
- Can be categorized as **Minors** (2-minutes), **Majors** (5-minutes), or **Game Misconducts**
- Common penalties include;
  - Reckless Play, Slide Tackling, Unsportsmanlike Conduct, Disrespecting a GC